

### The 'Art' of Medicine

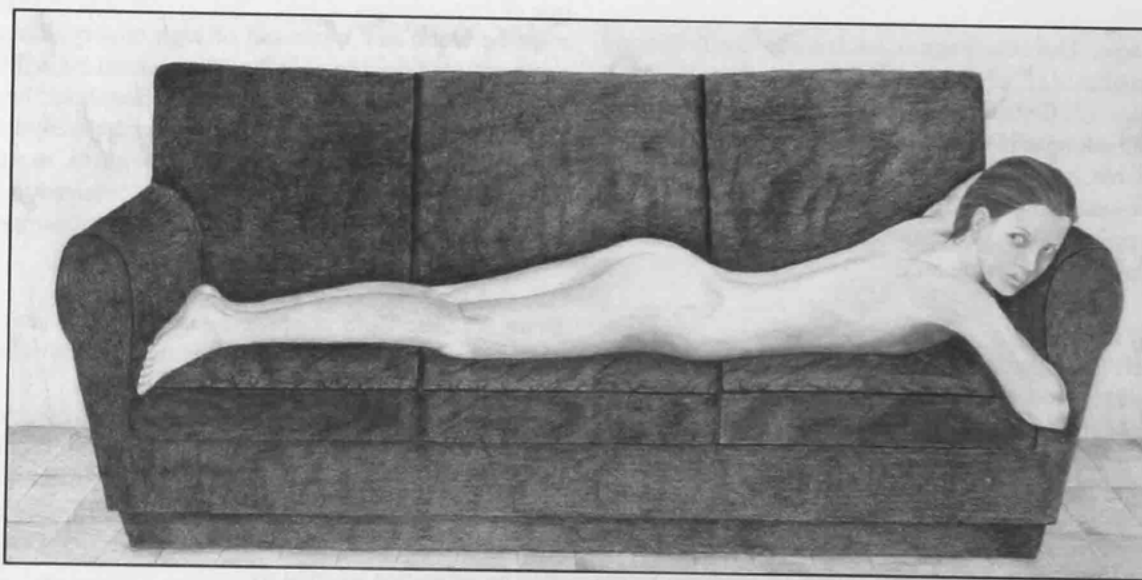
This journal has made it a tradition to publish articles surrounding issues that are prominent in public discourse, and this issue is noteworthy for its distinct emphasis on such relevant topics. These include pertinent issues surrounding family practice, pain management, infectious disease, prostate screening and hormone replacement therapy (HRT), all issues of particular interest in the Canadian media. As a peer reviewed medical journal, the *DMJ* is proud to provide unique, objective explorations of issues whose portrayal in the media is often simplified and can be misleading.

This edition of the *Dalhousie Medical Journal* is particularly special for us because, for the first time in recent years, we have had the opportunity to print not only scientific articles investigating multiple aspects of clinical medicine, but also to present creative works related to medicine. This edition of the *DMJ* features a series of poems by Shane Neilson, a member of the medical community in Halifax, about his experiences with epilepsy. Shane's poems allow us a look at the emotional aspects of medicine that can be neglected in everyday clinical practice. We all experience wellness and illness in unique ways which can be difficult to express and share with others. Furthermore, we all have varied experiences as student learners, as practicing physicians and as patients. We believe it is important to provide an avenue for expression of the emotional aspects of medicine. The content of Shane's poems is complemented by an illustration by Karthika Devarajan, a first year medical student at Dalhousie.

The front cover of this edition and the image below also reflect a continued tradition in which works of art from Dalhousie's annual *Art In Medicine* show are displayed. Each year a theme is chosen by the *Art In Medicine* committee and participants transform their thoughts and experiences into visual and written art. Both "Fragment" and "Obsession" come from this year's exhibit titled "consumed," with an underlying theme of Eating Disorders.

The elusive "art of medicine" involves more than simply knowing the intricacies of human physiology. It incorporates science with communication and caring for people. With this in mind, we are pleased to broaden the spectrum of the *DMJ* by including a creative writing section. An outlet for daily experiences in medicine, encouraging or discouraging, is essential. Thank you to all for your continued support of the Dalhousie Medical Journal and we sincerely hope you find your read both informative and enjoyable.

Teneille Gofton and Kira Rich, Co-Editors of the *Dalhousie Medical Journal*



"Obsession"  
40" X 24" Colored Pencil on Paper  
Dagmar MacManus '07  
Art in Medicine 2004

The Dalhousie Medical Journal will consider manuscripts written in English which deal with any aspect of medicine including basic science, clinical medicine, surgery, medical education, medicolegal affairs, medical humanities, and public health. An accompanying cover letter signed by all authors should state that the manuscript has not been published by another journal, nor is it under consideration by another journal. No processing fee is required for submission or publication of manuscripts.

Submissions must be electronic copies. Text must be in MS Word format. All figures and graphs must be electronic copies and be provided in a separate file. References should be listed at the end of the paper in the required format. Failure to conform to these guidelines will lead to significant delays in publication of submitted manuscripts. Potential authors are encouraged to examine past issues of the DMJ for examples of acceptable formats.

Submissions should be 3000 words or less (approximately 15 pages double spaced) unless prior permission from the Editor of Reviews and the Editor-in-Chief has been obtained. Figures and references are not included in this limit. Pages should be numbered consecutively in the lower center of each page. The entire submission must be typed double spaced in a 12-point Times font. After a manuscript has been submitted to the Dalhousie Medical Journal, the publication status can be obtained by e-mail correspondence with the Editor of Reviews (dmj@dal.ca).

**Title Page:** The title page must include the following information: (1) authors' full names, degrees, and affiliations; (2) first author biography; (3) mailing address; (4) e-mail address; (5) home and work telephone numbers. If applicable, include Tupper Box #, fax number, and/or year in educational program. To facilitate the anonymous peer review process, the title page should be the only page containing the authors' names.

**Abstract:** The abstract should appear on the second page and should be no longer than 250 words. It should state the purpose of the paper, basic procedures, primary findings, and the principal conclusions. References should not be included in the abstract.

**Text, Acknowledgements:** These should conform to the *Uniform requirements for manuscripts to biomedical journals* (CMAJ 1994; 150: 147-154). These are available on reserve in Dalhousie University's Kellogg Library under reserve (call #971).

**References:** References are to be numbered in the order that they appear in the text. The Reference section should be located after the Acknowledgements at the end of the text, following the sample formats in the following section. Complete information should be given for each reference, including titles of journal articles, names of all authors and editors, and inclusive pagination.

*Periodicals:*

1. Johansson E, Aspirisi T. Missing cruciate ligament in congenital short femur. *J Bone Joint Surg* 1983; 65A(8): 1109-15.

*Book Chapter:*

2. Hahn JF, Mason L. Low back pain in children. In: Hardy RW Jr, ed. *Lumbar disc disease*. New York: Raven Press, 1982: 217-28. (Seminars in neurological surgery).

*Book:*

3. Katz, J. Common orthopedic problems in pediatric practice. New York: Raven Press, 1981: 125-7.

**Tables:** Tables should be numbered in the order in which they are referred to in the text. Each table should have a brief title. Column headings and descriptive matter in tables should be brief. Tables must be provided as a separate Excel file.

**Figures:** Each figure should be designed to fit into either one or two columns of text. Photography and illustrations must be black and white and of high quality. Electronic copies of photographs and illustrations must be in TIFF or PICT format at 600 dpi resolution. Attention should be given to ensure that graphics are of adequate resolution. Individual pictures must be in separate files. Figures should be numbered in the order in which they are referred to in the text. Labelling should be limited to the essential components of a figure.

**Drug Names:** Both nonproprietary (generic) and trade names should be given for all drugs mentioned in the text.

**Submissions:** Submissions must be in electronic format. Manuscripts may be submitted by email to dmj@dal.ca or on 3 1/2" floppy disk in the DMJ dropslot in the door to room 2L-B8 (DMSS storage room) in the Sir Charles Tupper Medical Building (Link), Dalhousie University. Disks may also be submitted by mail to:

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