Snack and Book Match

By Maggie Neilson

Sometimes there’s nothing better than curling up with a good book on a rainy day with a mug of tea and treats in hand! When teens come to you for book suggestions on a dark and dreary day, why not suggest a snack or treat to go with it? Here are a few suggestions to give teens who want to indulge in a little munching while reading a rainy day book! Don’t be afraid to incorporate these ideas into programming or activities too; teens love to snack and it’s a great way to accent any book genre!

For a teen who likes Victorian classics such as Jane Eyre by Charlotte Bronte, The Picture of Dorian Gray by Oscar Wilde, or Sense and Sensibility by Jane Austen, why not suggest some earl grey tea and shortbread biscuits? You can find numerous shortbread recipes online, or you can make your favorite family recipe!
What about a teen who wants to sit down with the *Harry Potter* series by J. K. Rowling, the *Bartimaeus* series by Jonathan Stroud, or the *Young Wizards* series by Diane Duane? How about some wizard inspired treats? *Harry Potter* fan sites often have recipes and snack suggestions – try making pumpkin pasties, licorice wands, or butter beer!

Teenagers reading classic books inspired by veggie-loving, four-legged friends? Some fresh and tasty veggies or fruit would go well with *Watership Down* by Richard Adams or *Redwall* by Brian Jacques. Try slicing up some veggies or fruit. A ranch dip goes well with the vegetables, while a yogurt and whipped cream dip is a perfect match for fresh fruit!

Warm, funny, or feel-good books need a treat that creates the same sensation! Teens could snuggle down with *The Disreputable History of Frankie Landau-Banks* by E. Lockhart, *Angus, Thongs, and Full Frontal Snogging* by Louise Rennison, or *The Princess Bride* by William Goldman, and some warm chocolate chip cookies and milk. Use your favorite recipe!