

## Welcome from the Managing Editors

I am proud to say that I am a co-creator and Managing Editor of the Healthy Population Journal. Looking back at the creation of the Competency Framework that was published in 2019, at that time I never thought that it would grow into this journal. Christie Stilwell and I had no idea if it was even possible to create our own journal, but here we are publishing our second issue. It is surreal to say the least. When we embarked on this journey, I was in the process of completing my master's thesis and knew that I had to plan for the day I left my role as both a student and the Managing Editor behind. What I did not expect was how hard leaving the journal would be. I am grateful for the Healthy Populations Institute for believing in this journal and supporting us at every step. I am thankful for Christie for co-creating the HPJ with me, and for all the work she continues to do. I am so thankful for every person who has volunteered their time to be on the Board. Finally, I am thankful for all of the authors and reviewers, for without you this journal would not have a purpose.

I am happy to hand over the role of Managing Editor to Julia Kontak, whom I know will do great work with the HPJ. Julia Kontak is a current PhD Student who has an extensive background in health promotion research and knowledge translation. It is only through knowing what great hands the journal is in that makes leaving the journal just a little easier.

On behalf of Julia and I, we hope you enjoy our Fall publication.



Sara Brushett  
Managing Editor (outgoing), HPJ



Julia Kontak  
PhD in Health Student, Dalhousie University  
Managing Editor (incoming) HPJ