

Welcome from the Co-Editors-in-Chief

We would like to welcome you to volume 5, issue 3 of the *Healthy Populations Journal* (HPJ), a regular issue in our student-run, open-access, peer-reviewed journal. We are pleased to continue to fill a gap in student publishing and offer high quality work from emerging academics and the scholars of tomorrow.

Cover art by Robinson Gonzalez highlights the energy and vitality that a change in seasons can bring while making connections between access to outdoor spaces and well-being, raising awareness on the connections between policy, climate change, and health. Furthering this theme is an exploration of the benefits of dog ownership for mental, physical and social health. Rhéaume-

Gagnon & Rhéaume offer a commentary on how having a canine companion can reduce stress and offer tangible health benefits, including spending time outdoors. Gray et al offer an in-depth qualitative description of gaps across systems of health care for youth transitioning from pediatric to adult care concluding how policies and interventions that consider the transition between groups of services are required for optimal health outcomes and experiences receiving care. Continuing across the lifespan, MacIntyre and Numer present a narrative review that demonstrates the ability for public health interventions that go beyond individual level care can support trauma-informed palliative care for older 2SLGBTQ+ people.

A systematic review protocol by Elugbadebo et al. aims at understanding the needs of people with frontotemporal dementia in low- and middle-income countries with an aim of advance knowledge, improving health care outcomes, and promoting equity surrounding access to quality health care for this group. Adapting systematic review methodology to answer hard to get at questions around equity in knowledge mobilization Tse et al. present a protocol for a bibliometric analysis. The aim is examine how terminology in the field of knowledge mobilization is applied, cited, and connected across disciplines, geographies, authors, and journals while producing accessible visual data that highlights patterns related to equity- and/or sovereignty-deserving communities.

HPJ would not be possible without support from the Healthy Populations Institute and the teamwork and guidance from the Editorial Board. Financial support from the Faculties of Health, Medicine, and Dentistry is a testament to Dalhousie's support for student initiatives that we acknowledge and appreciate.

We truly hope you enjoy reading volume 5, issue 3.

A handwritten signature in black ink, appearing to read 'Ivan Beck'.

ivan beck
PhD in Health Candidate,
Dalhousie University
Co-editor-in-Chief, HPJ

A handwritten signature in blue ink, appearing to read 'Joshua Yusuf'.

Joshua Yusuf
PhD in Health Candidate,
Dalhousie University
Co-editor-in-Chief, HPJ